

**Qualifying Times** 2024 Hancock Prospecting WA **Long Course Championships and Relay Championships HBF Stadium** 13-17 December

GIRLS										
EVENT	13 Yrs	14 Yrs	15 Yrs	16 Yrs	17+ Yrs					
50m Freestyle	0:31.88	0:30.89	0:30.82	0:30.79	0:29.00					
100m Freestyle	1:09.96	1:07.22	1:06.25	1:05.82	1:02.83					
200m Freestyle	2:32.00	2:26.22	2:23.46	2:22.15	2:17.85					
400m Freestyle	5:20.28	5:12.33	5:08.00	5:05.99	4:50.85					
800m Freestyle	10:47.63	10:36.08	10:24.25	10:17.35	9:45.54					
1500m Freestyle	20:42.60	20:24.87	20:03.38	19:53.61	18:57.39					
50m Backstroke	0:37.08	0:36.08	0:35.74	0:35.53	0:35.33					
100m Backstroke	1:21.05	1:18.32	1:16.85	1:16.05	1:13.40					
200m Backstroke	2:54.25	2:49.28	2:46.35	2:44.84	2:42.87					
50m Breaststroke	0:41.50	0:40.59	0:39.93	0:39.77	0:39.48					
100m Breaststroke	1:31.63	1:29.23	1:27.52	1:26.60	1:24.20					
200m Breaststroke	3:18.28	3:13.45	3:09.85	3:06.45	3:03.60					
50m Butterfly	0:34.56	0:33.76	0:33.20	0:32.80	0:32.19					
100m Butterfly	1:18.49	1:15.99	1:14.06	1:12.66	1:11.90					
200m Butterfly	2:57.38	2:51.50	2:46.73	2:44.27	2:42.56					
200m IM	2:54.78	2:48.47	2:45.60	2:43.26	2:38.08					
400m IM	6:11.36	6:00.94	5:53.17	5:48.48	5:45.76					

BOYS										
EVENT	14 Yrs	15 Yrs	16 Yrs	17 Yrs	18+ Yrs					
50m Freestyle	0:28.93	0:28.00	0:27.61	0:27.40	0:26.18					
100m Freestyle	1:03.91	1:01.96	0:59.82	0:59.64	0:56.95					
200m Freestyle	2:20.78	2:16.38	2:13.20	2:10.91	2:03.62					
400m Freestyle	4:56.98	4:50.62	4:44.35	4:40.17	4:30.21					
800m Freestyle	10:15.71	9:54.00	9:43.40	9:37.47	9:07.56					
1500m Freestyle	19:42.07	19:12.13	18:52.25	18:28.62	17:26.95					
50m Backstroke	0:34.09	0:32.89	0:32.16	0:31.49	0:31.27					
100m Backstroke	1:13.70	1:11.34	1:09.17	1:08.32	1:07.60					
200m Backstroke	2:39.94	2:34.80	2:31.11	2:29.09	2:27.15					
50m Breaststroke	0:37.40	0:36.25	0:35.33	0:34.97	0:34.61					
100m Breaststroke	1:22.72	1:20.26	1:18.56	1:17.36	1:16.37					
200m Breaststroke	3:00.62	2:55.29	2:50.51	2:48.92	2:47.61					
50m Butterfly	0:31.64	0:30.34	0:29.52	0:29.21	0:28.90					
100m Butterfly	1:10.55	1:08.21	1:06.34	1:05.58	1:04.56					
200m Butterfly	2:39.63	2:33.81	2:30.63	2:27.47	2:25.88					
200m IM	2:40.93	2:35.94	2:32.89	2:29.67	2:28.06					
400m IM	5:41.99	5:37.02	5:30.13	5:23.77	5:20.30					

<sup>\*</sup>Please note that Short Course (SC, 25m pool) times can be used for all Swimming WA Long Course (LC, 50m pool) events including State Championships. Within Swim Central, SWA has set up events to source times that meet the qualification requirements. i.e. If the QT for the 13-year-old girls 50m Freestyle is 0:31.88 in Long Course, the SC QT for this event would be 0:31.24. This is an outcome of 2% difference\*







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## **RELAYS**

	GIRLS				BOYS				Mixed					
	9-10	11-12	13-14	13-16		9-10	11-13	14-15	14-17		9-10	11-12	13-15	16+
EVENT	Yrs	Yrs	Yrs	YRS	Open	Yrs	Yrs	Yrs	Yrs	Open	Yrs	Yrs	Yrs	Yrs
4x200 Freestyle Relay					9:20.92					9:20.92				
4x50m Medley Relay	NT	NT	2:21.48			NT	NT	2:15.00			NT	NT	NT	NT
4x 50m Freestyle Relay	NT	NT	2:07.44			NT	NT	1:55.56						
4x100 Medley Relay				5:00.24	4:44.63				4:32.16	4:27.64				
4x100 Freestyle Relay				4:31.08	4:16.98				4:01.92	3:55.87				









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