

Riverton Aquanauts Swimming Club



RVA Squad Training Policy.

- All Swimmers in Bronze, Silver, Gold and Uniswim squads must be a registered/competitive member of Riverton Aquanauts Swimming Club to train with these squad programs.
- Swimmers will be on 'Probation' for up to four weeks when they first join a squad.
- Swimmers are required to arrive to training sessions on time.
- Parents/Swimmers are required to report any "niggles" or injuries to coach prior to training sessions.
- Swimmers to attend training with equipment suitable to level (fins, snorkel, pull bouy, kick board and water bottle every session)
- Should attend training with a positive willing to learn and respectful attitude.
- Parents to notify or contact the coach if any concerns with training or issues that have arisen within training sessions.
- Must pay entrance fee upon arrival at the Leisureplex (Tag in at gates OR Check-in at reception if card has been forgotten). If card has been lost or forgotten 3 times a new card will need to be purchased for \$5.
- Advise the coach if unable to attend a session or going on holiday. Please contact club treasurer if going away for more than 2 weeks.
- Swimmers should respect coaches and all fellow squad members.
- Parents/swimmer advise coach of other physical activities so that this be taken into consideration during sessions.
- If a swimmer is not meeting the standard of a squad the coach has the right to move swimmer to an appropriate squad or lane. This is not to be seen as a form of punishment.
- If a coach has any concerns on a swimmer's performance, behaviour attitude they will contact parents and organise a meeting to discuss further.

- “Chat” week will be held every 10 weeks on a Saturday morning for an opportunity to meet or talk to the coach no booking required. Times for “Chat” week will be advised in RVA News flash mail out.

Signed and Dated – Parent/ Guardian.....

Signed and Dated – Swimmer/ Squad Member.....