RIVERTON AQUANAUTS SWIMMING CLUB



CLUB HANDBOOK 2025/2026 SEASON

Season: 1st October 2025 to 30th September 2026

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MANAGEMENT COMMITTEE, COACHING TEAM AND ATHLETE LEADERS

CORE COMMITTEE

President: Kerry Smith
Vice President: Ildi Ladiszlai
Treasurer: Indy Chang

Secretary: Jessica Van Schie

Registrar: Hayley Kammermann

GENERAL COMMITTEE

Meet Manager: Nicole May

Fundraising & Grants Officer: Kareena Wallace
Uniform Officer: Claire Strahan

Head Coach: Gemma Herrington

OTHER ROLES (NON-COMMITTEE)

Assistant Meet Manager Chris Wallace
Assistant Fundraising Officer: Susan Borbely

Social Media Officer: Gemma Herrington

Website Updates: Kerry Smith

Member Protection Officer:Elizabeth StuartMental Health Officer:Elizabeth Stuart

COACHING TEAM:

Head Coach: Gemma Herrington (accredited)

Junior Coaches: Cassandra Loy

Jessica Ladiszlai

Juliette Tonge Jackson Brace

Matthew Loffler

Daisy Kammermann

Luke Petite

ATHLETE LEADERSHIP TEAM

Captains: Daisy Kammermann

Ali Al Naser

Leaders: Jessica May

Noah Strahan

Jessica Ladiszlai

Dewi Jones

Contact details for all committee members can be found here.

All committee members have agreed to abide by our Club Code Of Ethics.

The Committee is elected annually at the AGM (usually held in November). Please refer to our <u>Committee Nomination Policy</u> if you are interested in nominating.

Club members are welcome to attend committee meetings if there is a specific agenda item that they wish to volunteer to assist with. Members may not attend Committee Meetings for general interest while there are vacant roles on the committee. We hold around 8 committee meetings per year.

WELCOME

Welcome to the Riverton Aquanauts Swimming Club. Whether you are new or returning, this handbook provides a clear overview of how our club operates, what we expect, and how we work together to support our swimmers.

Our club aims to provide a stable, inclusive and enjoyable environment where swimmers of all levels can thrive, improve, and have fun.

OUR VISION

To instill a lifelong love of swimming and to build a program of excellence, team unity, and fun where every swimmer can achieve their potential in swimming and in life

OUR MISSION

To encourage swimmers at all ages and levels to develop their talent and achieve their goals, with an inclusive and welcoming club atmosphere.

OUR VALUES (SPIRIT)

Safety, Passion, Integrity, Respect, inclusion, Teamwork

Our 2024-2026 Strategic Plan is available on our club website.

CODE OF CONDUCT

All members and their families must abide by the Riverton Aquanauts Swimming Club Code of Conduct, the Swimming Australia Code of Conduct, and the Member Protection Policy.

The behaviour of swimmers and their families must always reflect positively on the Club.

As a condition of membership with our club the Code of Conduct must be accepted during the registration/renewal process on Swim Central.

CLUB EXPECTATIONS

Riverton Aquanauts is committed to providing a safe, respectful and supportive environment.

Aggressive, threatening or inappropriate behaviour by members, their families, friends or associates will not be tolerated.

Examples of prohibited behaviour include:

- Bringing RVA into disrepute through social media or public comment.
- Harassing, using offensive language, bullying or ridiculing swimmers, coaches, officials, governing bodies, parents or friends.
- Making racist, religious, sexist or otherwise discriminatory comments.
- Threatening behaviour or any physical altercation.
- Applying undue pressure on children, criticising their performance, or creating an intimidating environment.
- Consuming alcohol at training or events, or attending club activities while intoxicated.
- Breaching Article 7.3(a)(ii) of the Club Constitution and the Swimming Australia Code of Conduct, including conduct detrimental to the Club during membership and for six months after membership ceases.

WHAT WE WILL DO

- Provide all members and parents/guardians with the Code of Conduct and clearly outline expectations and consequences of non-compliance.
- Require non-member parents/guardians to follow Club rules, including accepting the Code of Conduct during registration.

- Reinforce fair and respectful behaviour through signage, newsletters, website information and other club communications.
- Encourage prompt reporting of inappropriate behaviour and investigate all concerns in line with Club policy, applying disciplinary action where required.

WHAT WE ASK YOU TO DO:

- Help create a positive and safe club environment by showing respect to swimmers, coaches, officials, parents and spectators.
- Follow the Club's Code of Conduct and refrain from using offensive language, harassing others, or engaging in threatening or violent behaviour.
- Report inappropriate behaviour to the President, Member Protection Officer, or another person in authority.

SQUAD MEMBERS

- Be a good sport and team player. Swim because you enjoy it.
- Compete according to the rules and competition conditions.
- Accept decisions of referees and officials. If you disagree, speak to your coach or team manager rather than confronting officials.
- Control your temper and language no criticism by word or action.
- Treat all members equally regardless of age, gender, race, ability or background.
- Behave in a way that reflects positively on Riverton Aquanauts at all times, including at training, meets, club events and online.
 Bullying (including online, school-based or public bullying using RVA references) will not be accepted.
- Work hard for yourself and your team both benefit.
- Encourage and support your teammates.
- Show respect to all competitors and acknowledge their efforts and achievements.
- Do not interfere with another swimmer's training or race.
- Ensure you get adequate rest to perform at your best.
- Smoking, alcohol, or non-prescribed drugs are strictly prohibited. Illegal behaviour will be referred to police. Anti-doping resources [LINK].
- Take responsibility for your actions and follow the directions of coaches and managers as appropriate to the situation.

 Wear the team uniform as directed by the Head Coach or Committee at competitions, medal presentations, travel, and official Club functions.

COACHES

Coaches agree to:

- Operate within the rules and spirit of the sport and teach swimmers to do the same.
- Follow the Riverton Aguanauts Code of Conduct.
- Take responsibility for coaching, training, and swimmer development.
- Make reasonable demands on swimmers' time, energy and enthusiasm.
- Help each swimmer reach their potential, respecting their developmental stage, goals and individual needs, using positive, constructive feedback.
- Ensure equipment and facilities meet safety standards and are appropriate for the group's ability and age.
- Display control, respect and professionalism at all times toward swimmers, parents, officials, coaches, administrators, opponents, the media and spectators, and encourage swimmers to do the same.
- Maintain appropriate qualifications and stay up-to-date with current coaching practices and youth development principles.
- Promote adherence to anti-doping policies.
- Ensure physical contact is appropriate, necessary for skill development, and conducted with professionalism.
- Maintain a sound understanding of Swimming Australia policies and rules.

PARENTS/GUARDIANS

Parents and guardians agree to:

- Not force their child to participate in sport.
- Inform the coach of any injury, illness or condition that may affect safety.
- Learn the rules and policies of the sport and refrain from abusive, bullying or harassing behaviour.
- Model positive behaviour and sportsmanship, showing respect and courtesy to all athletes, coaches, officials and spectators.
 Behaviour should never reflect poorly on RVA.
- Refrain from unsportsmanlike conduct, including booing, taunting, refusing to shake hands, or using profane language or gestures.
- Avoid behaviours that compromise athletes' health or wellbeing.
- Teach children to follow rules and resolve conflict without hostility or violence.
- Expect their child to treat all athletes, coaches, officials and spectators with respect regardless of race, creed, colour, sex or ability.
- Emphasise that doing one's best is more important than winning.
- Praise effort, improvement and fair competition.
- Never ridicule or yell at a child (their own or others) for making a mistake.
- Prioritise skill development and enjoyment over competition, especially for younger age groups.
- Place athlete wellbeing above personal desire for their child to win.
- Respect officials and their authority. Concerns should be raised privately at an appropriate time — never during an event.
- Refrain from drugs, tobacco and alcohol use at children's sporting events.
- Avoid coaching their child or others during training or competition.

APPEARANCE

- Present yourself professionally when wearing the Riverton Aquanauts uniform or representing the Club.
- Follow the uniform requirements set by the Club and coaching staff, including dryland attire.
- Non-uniform items must not be worn at competitions unless you are a new member awaiting uniform delivery.

WHEN TRAVELLING WITH THE TEAM

- Remember you are representing Riverton Aquanauts follow all directions from coaches and team management at all times.
- Respect the privacy and property of others sharing accommodation.
- Keep your room and shared spaces tidy.
- Respect accommodation facilities and other guests.
- Know the team schedule and your required location; ensure team management always knows where you are.
- Any costs not covered by the Club (including accidental damage) must be paid before departure.
- Be responsible you represent yourself, your family and the Club.
- Only participate in social activities organised or approved by the coach or team management.

EXPULSION / SUSPENSION FROM THE CLUB

The Core Committee may resolve to warn, suspend or expel a member if the member refuses to comply with rules as defined in the Club Constitution, or if the members conduct or behaviour is detrimental to the interests of the club. The Core Committee may at its discretion suspend the membership of the member until resolution.

Please see article 7.3 in our Club Constitution for further information.

CLUB COMMUNICATIONS

General club communication will be managed via email, HEJA app or social media:

FACEBOOK:

• Riverton Aquanauts Facebook Page

INSTAGRAM:

• Riverton Aquanauts Instagram Page

WEBSITE:

• Riverton Aquanauts Website

Our Photo Release Form is accepted via Swim Central registration. Club-approved photos may be used for newsletters, social media and promotional material.

MEMBERSHIP

Registrations for Club and Swimming WA memberships (new and renewing) can be completed online at Swim Central.

If you require any information on registration, please email our Club Registrar at registrar@rivertonaquanauts.org

Membership fees for the season follow the fee structure set by Swimming WA and are outlined in the membership tables provided.

As a member of the Riverton Aquanauts Swimming Club, swimmers may participate in Club Nights and Swimming WA–sanctioned events.

Membership registrations and renewals open on 1 September each year. All memberships are approved at the discretion of the Core Committee in accordance with the Club Constitution.

Important: All swimmers under 18 must have a linked Parent/Guardian membership.

Riverton Aquanauts offers a family discount on the club portion of membership fees when three or more children are enrolled in a single transaction. (Please note: Swimming WA does not provide multi-child discounts.)

An Early Bird Discount applies throughout September.

Members under 18 whose immediate family members are coaches and/or committee members of another swimming club will not be accepted or renewed unless approval is granted by the current President and Head Coach.

Membership product	Swimming Australia component	Swimming WA component	Riverton Aquanauts component	Total	Notes
Competitive Swim	mer Membersl	nips			
A. 25/26 Annual Competitive Membership (9+ years)	\$36.61	\$125.84	\$137.28	\$299.73	Full access to all competitive swimming events. Under 18 must have a parent/guardian member attached. \$15 discount if purchased in September
C. 25/26 Junior Dolphin (5-8 years)	\$0	\$41.18	\$57.20	\$98.38	Full access to all competitive swimming events. Must have a parent/guardian member attached. \$15 discount if purchased in September
D. 25/26 Come and try (30 days)	\$0	\$0	\$0	\$0	Only valid for new members (not renewing members). Must have a parent/guardian member attached.
Dry land member	ships				
B. 25/26 RVA Parent Guardian	\$0	\$6.86	\$0	\$6.86	All swimmers under 18 years of age must have a parent/guardian member attached
E. 25/26 RVA Accredited Technical Official	\$0	\$0	\$0	\$0	Only available for accredited technical officials
2025/26 Community Official Membership	\$0	\$0	\$0	\$0	Only available for trainee technical officials
25/26 RVA Club Committee Membership	\$0	\$0	\$0	\$0	Only available for committee members
25/26 RVA Foundation Coach Membership	\$0	\$11.44	\$0	\$11.44	For coaches holding a Foundation Coaching certification
25/26 RVA Accredited Coach Membership	\$0	\$11.44	\$0	\$11.44	For coaches holding a Development Coaching certification or higher

LESUREPLEX POOL ENTRY FEES

All Riverton Aquanauts squad participants will pay fees to the Riverton & Cannington Leisureplex to gain access to the pool hall for squad training and club nights.

The City of Canning provides the following discounted fee options for Riverton Squad Swimmers:

- 1x aquatic casual entry \$3.00 (adult or child squad swimmer)
- 10x aguatic entries \$27.00 (adult or child squad swimmer)
- 12-month upfront aquatic membership \$559 (allows unlimited access to pools for 12 months, and a 12-month membership at full purchase price receives an additional 2 months free).
- 12-month upfront Leisureplex plus membership \$759 (allows unlimited access to pools, gym and group fitness for 12 months; only available to select squad members selected by coach to participate in elite pathway program)
- Aquatic direct debit \$12.40 per week (charged fortnightly, allows unlimited access to pools for 12 months)
- Spectators no charge.

Ensure that Leisureplex reception staff are aware you are a Riverton member when purchasing passes so that you receive your discount.

You may be asked to provide evidence of membership, and this can be done by showing them your Club Membership via the membership portal on Swim Central.

TRAINING

Members of the Riverton Aquanauts Swimming Club train under the Riverton Aquanauts squad program.

All competitive squad members are required to sign and adhere to our <u>Squad</u> <u>Participation Policy</u>.

Swimmers who do not meet the squad's attendance or competition expectations may be reassigned to a more suitable squad or lane at the sole discretion of the Head Coach. Such decisions are made to support the swimmer's development and maintain the quality of training for all and are not a form of punishment.

Training times and squad fees are set by Riverton Aquanauts and may change throughout the season as required.

Swimmers must not train with other squads or external coaches unless specifically approved by their Riverton coach. This protects swimmers from over-training, injury and fatigue, and avoids confusion caused by differing program structures and coaching methods.

Club Affiliation Requirements

- A swimmer cannot train at Riverton while being affiliated with another swimming club.
- Training at Riverton while competing for another club is not supported.
- A transfer must be initiated within two weeks of a swimmer's first trial session at Riverton Aquanauts.

Trial Period for New Swimmers

A three-month trial period applies to all new squad members. During this period, the Club may discontinue a swimmer's place in the program if they are not a suitable fit in relation to the Club's values, Code of Conduct or Squad Participation Policy.

Any decision to discontinue a squad placement will:

- be based on a written report from the Head Coach, and
- require approval from the Core Committee.

UNIFORMS

Customised uniforms can be purchased from Club Shop.

We also have basic uniform items for sale at the pool before or after training, or at Club nights. Ask Gemma or our Uniform Officer about this.

Riverton Aquanauts Uniform is compulsory at all meets and during medal presentations.

The minimum uniform requirements for meets:

- Club swim cap
- Club shirt
- Club jumper or hoodie,
- Plain black shorts or long pants.

If your child is cold between races, they should wear **Riverton Club jackets**, **hoodies**, **jumpers**, **or navy deck coats**.

Please avoid other outerwear (including State Championship merchandise), as swimmers may be asked to remove items that are not part of the official club uniform.

If you require assistance, please email our Uniforms Officer at uniforms@rivertonaguanauts.org



Swimming Cap



RA Paterson Polo



RA Eureka Jacket



RA United Hoodie



RA Custom T-Shirt

RA Custom Polo

COACHES

No Parent on Pool Deck Policy:

To maintain a focused learning environment, parents are not permitted on pool deck during training. Please avoid interrupting coaches while sessions are in progress.

One Coach Policy:

Swimmers must not train with other squads or coaches unless this has been specifically approved by Head Coach. This includes no coaching by parents, guardians or family members. This prevents over-training, reduces the risk of injury and fatigue, and avoids confusion caused by differing coaching methods and program structures.

Communicating With Coaches:

If you have questions or would like to discuss your swimmer's progress, please email the coach to arrange a meeting at a suitable time. Discussions cannot take place during training.

Coach Qualifications:

All Riverton Aquanauts coaches are accredited through the Australian Swimming Coaches and Teachers Association, hold current Working With Children clearances, and participate regularly in Swimming WA professional development.

• Supporting Swimmer Wellbeing:

Our coaches are approachable and available to discuss your swimmer's progress, needs or challenges. Please share relevant information that may impact training or wellbeing (e.g., growth and development, school issues, friendships, confidence, or health concerns).

Balancing School and Training:

If your swimmer is experiencing difficulty managing homework or school commitments, please inform both the coach and your child's teacher so a supportive plan can be established. Swimming can complement academic success through structure and routine.

Parent Education:

The Sport Integrity offer online education sessions for parents on topics that influence swimmer development, performance and wellbeing. Attendance is encouraged.

• Meet Entries:

All meet entries must follow coach direction.

Swimmers must not enter untargeted meets without approval from their coach.

HEAD COACH CONTACT DETAILS:

Name: Gemma Herrington

Email: headcoach@rivertonaquanauts.org

Mobile: 0402 032 301

INJURIES

There may be times when a swimmer sustains an injury during or outside of training.

If an injury or illness affects a swimmer's ability to train, the Club may seek a certificate from an accredited medical practitioner clearing the swimmer to commence or re-commence training. Until this certificate is provided, the swimmer may be excluded from training.

CLUB NIGHTS

Club Nights are a fantastic opportunity for swimmers to perfect their racing skills and technique in a friendly and familiar environment. All Club Member times are officially recorded and recognised.

Club nights are listed on our website and can be found here. Club night entry details will be emailed prior to the day by our meet manager and can also be found on the club's Facebook page.

Registration is done online through **Swim Central**.

Schedule:

Arrival and Check-in: 6:15pm

Warmup starts and check-in closes: 6:30pm

First race: 6:45pm SHARP

Finish: 8:00pm

NOTE: Swimmers arriving after 6:30pm without prior notification to the Meet Manager will be scratched from their races to allow for re-seeding.

Our meet manager can be contacted on meetmanager@rivertonaquanauts.org to notify of late arrival or to scratch from an event.

Parents are required to assist with timekeeping and a roster will be sent out prior to the event.

Swimmers are expected to stay in the marshalling area so that they are ready to swim in their event. The Marshall will call a swimmer's name **three times only** for the race they have entered. If a swimmer does not respond to the third call, they will be scratched from that event.

CLUB NIGHT RULES AND PROCEDURES

The club nights are conducted under FINA rules. Any queries please do not hesitate to ask one of our Technical Officials or Head Coach.

Swimmers and 8 years and under swimmers are not disqualified under any circumstances.

COMPETITIVE MEETS

Competitions are strongly encouraged at Riverton Aquanauts, as they allow swimmers to apply the racing skills learned in training and experience a genuine sense of personal achievement.

The coaching team nominates **targeted meets** for the season. These are published on the Riverton Aquanauts website and included in the weekly newsflash.

For questions about which events to enter or meet suitability, please contact the **Head Coach**.

- The recommended number of events per day per meet is 3–5, unless the swimmer has received prior permission from the Head Coach to enter additional events.
- Swimmers wishing to attend non-target or non-club-sanctioned meets must first obtain Head Coach permission, including agreement on which events to enter.

For assistance with online entries, please contact the **Club Registrar**. registrar@rivertonaquanauts.org

Swimming WA meets are entered via the <a>Swim Central Website.

GUIDELINES FOR SWIMMERS & PARENTS AT MEETS

Swimmers should pack their bag **the night before** the meet. Coaches may request additional items, but the standard packing list includes:

- 2 x bathers (FINA approved)
- 2 x goggles
- 2 x caps
- 2 x towels
- Warm clothing
- Hat, sunglasses, protective clothing and sunscreen (for outdoor venues)
- Sport shoes for dryland warm-up
- Plenty of healthy food, snacks and water

Parents are encouraged to prepare food the night before to make the morning easier.

Other useful items include highlighters (to mark events), pens (to record PBs), and a marker (to write event numbers on your child's arm for marshalling).

Warm-up times will be advised by the Head Coach and typically begin **at least 1.5 hours** before your swimmer's first event.

During the meet, swimmers should speak with their coach immediately before and after each race for instructions and feedback.

Parents should avoid giving technical feedback to their own child or others - a simple "great job!" is perfect.

If your child is young or new to competition, please let the coach know. The coach may arrange for a senior swimmer to assist them with marshalling.

Our Registrar prepares the timekeeping roster and emails it around a few days' prior to the meet. If you cannot fulfil your allocated slot, please try to swap with another parent, or find a replacement. Timekeeping assistance is expected from all parents, and all minors must have a parent/guardian present at all meets. Please do not "drop and run", unless you have arranged for another parent to take care of your child for the duration of the meet, and complete any timekeeping responsibilities you may have.

Swimmers are expected to remain in the **team area** during the meet. This helps build independence, supports communication with the coach, and fosters team connection. Parents are also encouraged to sit together in the Riverton area.

All swimmers, parents and guests must respect officials, coaches and competitors, and refrain from poor sportsmanship, inappropriate behaviour or offensive comments.

By following these guidelines, families help create a positive and supportive environment that strengthens our club community and benefits every swimmer.

Please refer to our website for dates of our club nights and targeted meets, or click on the links below.

Club Night and Target Swim Meet Details
SWA Event Calendar

OPEN WATER SERIES (OWS)

Anyone interested in swimming the Open Water Series can discuss the details with Head Coach. We usually do 2 targeted open water swim events per season.

Please see link below for more details.

SWA Open Water Series

COMPETITIVE TEAMS

At times, individual swimmers or relay teams may be selected to represent Riverton Aquanauts at events such as Club Premierships. Team selection is determined solely by the Head Coach and coaching staff.

All decisions are final, and no discussion will be entered into regarding race or team selection.

CLUB PREMIERSHIPS

Attendance at **Club Premierships is compulsory** for all competitive club members. The event is held in March.

If a swimmer cannot attend due to an extenuating circumstance (e.g., illness, injury or pre-booked interstate travel), this must be communicated **in writing** to the Head Coach as early as possible. All swimmers will be included in the team entry unless the Head Coach is notified otherwise.

Club Premierships are a **team event**, and all swimmers are expected to attend, support and cheer for their teammates throughout the competition, even if they are not selected to swim. All swimmers are included in the "March Out" parade and dance. A different theme is chosen every year and the dance is practiced during the last few minutes of squad sessions. A simple, low cost costume is usually required.



Important:

The Premierships team will not be announced until the morning of the event.

Any questions regarding Club Premierships must be directed to the **President**, *not* the Coaching Team.

A bus may be arranged for team transport if required. Further details will be provided if this occurs.

CLUB CHAMPIONSHIPS AND AWARDS

CLUB CHAMPIONSHIPS - SPRINT

Once per year the club will run its Sprint Club Championships, usually in March. Swimmers will be able to enter up to 5 events from:

- 50m Butterfly
- 50m Backstroke
- 50m Breaststroke
- 50m Freestyle
- 100m Freestyle

They will be awarded points based on where they finish in each race for their age category. The points will be tallied at the end of the meet and trophies will be awarded for the following.

- Multi class champion & runner-up
- Junior dolphins (medallions to all competitors)
- Male and female champion and runner-up in each of the following age groups
 - 8yrs, 9yrs, 10yrs, 11yrs, 12yrs, 13yrs, 14yrs and 15+

CLUB CHAMPIONSHIPS – DISTANCE

Once per year the club will run its Distance Club Championships, usually in May. Swimmers will be able to enter the following events:

- 200m Freestyle (8-10 years)
- 400m Freestyle (11 to 14 years
- 800m Freestyle (15+ years)

They will be awarded points based on where they finish in each race for their age category and trophies will be awarded at awards night.

CLUB NIGHTS

Throughout the season, Swimmers will receive points for their performances at club nights.

Swimmers will gain points at club nights by competing, maintaining their performance, and improving individual times, with the following points awarded at each club night:

Times	Points awarded
5 secs to 1.01 secs above PB	1 point
1.00 to 0 secs above or equal to PB	2 points
0.01 to 1 sec improvement on PB	3 points
1.01 to 2 secs improvement on PB	4 points
>2secs improvement on PB	5 points

A point (1) is also awarded to swimmers per race where they have competed.

Riverton Aquanauts hold their Annual Awards Night towards the end of the year. The following Annual Awards will be presented:

Club Sprint Championships Awards:

- Club Championships Champion and Runner-up Male (each age category)
- Club Championships Champion and Runner-up Female (each age category)
- Club Championships Multi Class Champion & Runner-up

Club Distance Championships Awards:

- Distance Club Championships 200m Freestyle (8-10 years)
- Distance Club Championships 400m Freestyle (11-14 years)
- Distance Club Championships 800m Freestyle (15+ years)

Club Night

- Most Club Night Points Male
- Most Club Night Points Female
- Most Club Night points Multi class

Other awards & recognition:

- Coaches Award Junior (Perpetual Trophy)
- Coaches Award Senior (Perpetual Trophy)
- Open Water Series Trophy (Perpetual Trophy)
- President's Award (Perpetual Trophy)
- Volunteer Award

Note: that to be eligible for the Club Night Awards, a swimmer must attend at least 50% of the club nights held throughout the year

FUNDRAISING AND, VOLUNTEERING

FUNDRAISING

The Riverton Swimming Club must cover many expenses in order to operate smoothly. Its strength and growth as a club relies on dedicated parent volunteers. All families are busy with many commitments outside of the swim club, and for this reason we would like to extend our gratitude to our volunteers.

All club families are expected to participate in fundraising activities, especially our swimmers. Swimmer contribution and support helps them to develop important skills beyond their sport and shows active commitment to their team.

NOTE: Opting out of club fundraising activities will make your child ineligible for any travel assistance funding if they qualify for nationals, interstate or other special events.

VOLUNTEERING

Volunteering is rewarding, and a great way to make new friendships and learn new skills. The club cannot function without active volunteers. When we host our own club meets, it is compulsory for the entire club membership to be actively involved in helping make the day a success - there are many jobs to do before and during the actual event. It cannot be run without member involvement.

Any family who doesn't volunteer at least once in the membership year will have a \$50 fundraising fee added to their invoice at the end of the membership season. Volunteering opportunities will be advertised in the newsflash.

MEMBER PROTECTION

The Riverton Aquanauts Swimming Club are fully committed to the protection of children, young people and our members in our sport and we are aligned with the six principles described in the <u>National Integrity Framework</u>.

The President or Member Protection Officer (MPIO) is the first point of contact for any complaints, concerns or conflict a member wishes to raise. The MPIO can explain member rights and responsibilities under the policy and law, and matters discussed with the MPIO are kept confidential (with the exception of mandatory reporting).

It is important that concerns are raised early so that they can be dealt with quickly & correctly, and/or referred to the appropriate committee member or SWA representative if required. This ensures that any concerns are addressed without delay and a satisfactory resolution reached as soon as practical.

The Member Protection Officer can be contacted on memberprotection@rivertonaquanauts.org and President President@rivertonaquanauts.org.

Please refer to our <u>Member Protection and Complaints Handling policy</u> for more information.

SOCIAL MEDIA

Social media is a tool used by many swimmers and their families to socialise and interact. Swimmer's ability to use social media sites such as Facebook are up to parental discretion. However, on some occasions, such as club sanctioned meets or trips, the Team Manager and Head Coach reserve the right to prohibit or limit the use of social media when appropriate.

Parents are advised that the following websites are recommended to ensure they are aware of cyber safety advice.

- E Safety Website
- Think U Know
- Safety @ Facebook
- Navigate Instagram Safely
- Snapchat eSafety Guidelines

Please be aware that the Code of Conduct for our club applies to all social media. This means that all written social media postings are recognised as "public" even if the account settings are "private". This is because messages, images or videos posted to social media may be screen captured or screen recorded and on shared without awareness or permission of the original author. This includes but is not limited to: tweets, Facebook comments or posts, Instagram comments or posts, blogs, status updates, snapchat messages, Tiktok videos etc).

The club management takes public comment about the Riverton Aquanauts seriously, as this may damage the reputation and privacy of the Riverton Aquanauts Swimming Club, its parents, swimmers, coaches, committee and various relevant parties such as club sponsors or media outlets. As such, these parties must not be brought into disrepute by negative, inappropriate or derogatory comment via social media or any other public comment.

SPONSORSHIP

Riverton Aquanauts Swimming Club would like to say thank you to our sponsors.

We recognise the value of our sponsors, who help us to grow as a club. We encourage all our members to support these businesses within the community whenever possible. Without our sponsor's financial support and support in kind the club would find it difficult to fulfil its role within the community.

Riverton Aquanauts' Sponsors

If you are a local business interested in sponsoring the club through good, services or financial assistance, we have many opportunities starting from just \$200. Please see our website for more information of contact Kerry on president@rivertonaquanauts.org

Sponsorship opportunities

FEEDBACK

Member Feedback is a standing agenda item at our committee meetings. If members wish to provide any feedback on any Club Matters or any aspect of Club operations, they are encouraged to submit their feedback using the Member Feedback Form. This may be things we are doing well or things we might look to improve.

Swimmers may also submit feedback to be considered by the committee using the Swimmer Feedback Form.

